

TRI-CITIES CHAPTER 1192 **NARFE NEWS**

National Active and Retired Federal Employees Association "Advocates for Current and Former Federal Employees"

NARFE: www.narfe.org Washington Federation: www.narfewa.org Tri-Cities: www.narfel192.org

2019 Chapter 1192 Officers & Board Members

President, Lorie Bennett I st Vice President, Pat Turner 2 nd Vice President, John Cavanaugh	509.531.2745 509.539.5659 509.528.0130
Secretary/Sunshine, Faye Vlieger	509.961.1095
Treasurer, Liz Bowers	509.430.1836
Director-at-Large, Nancy Crosby	509.735.3288
Director-at-Large, Bob Stewart	509.531.3118
Alzheimer's, Larry Williams	509.783.8554
Legislative, Mary Alice Binder	509.378.2494
Membership, Johanna Caylor	509.308.6664
NARFE-PAC, Bob Stewart	509.531.3118
Newsletter, Mary Alice Binder	509.378.2494
Public Relations, Mary Alice Binder	509.378.2494
Service Office, John Cavanaugh	509.528.0130
Webmaster, Larry Williams	509.783.8554
Caller Coordinator, Darleen Wall	509.586.8232

CHAPTER MEETINGS/EVENTS

Meetings: 1st Wednesdays, except July/August 11:30 a.m., Columbia Center Red Lion, Kennewick Lunch not required to attend the meeting. Lunch: \$18; reservations REQUIRED

(Vegetarian plates available, if ordered ahead.) Avoid a charge! Cancel reservations you can't keep! Note: Executive Board meeting days/times vary.

June 5 – Aaron Burke, owner, Atomic Ale and Monterosso's. Richland, will provide an overview of the state's brewery/microbrewery industry.



Menu: roasted pork loin glazed with maple/mustard sauce, mashed potatoes, chef's choice seasonal veggies, dessert.

REMINDER! No meetings in July or August!

September 4 - Need to declutter? Downsize? Don't know where to start? Need some tips, ideas, suggestions?

Come to the September meeting to learn more and ask your questions! Menu: grilled chicken with teriyaki sauce, rice, dessert.



June – August, Volume 2019, Issue 3

Chapter President – Lorie Bennett

Welcome summer! I don't know about you, but I am ready for a warm, but not hot, few months.

As we conclude this portion of our meeting year, I want to say that as a chapter we are doing well. So, on

behalf of the chapter's executive board, thank you for your continuing support of and participation in our Tri-Cities Chapter 1192.

By the time you receive this newsletter, we will have concluded the 4th biennial Region

IX Training Conference, May 17-18, Three Rivers Convention Center. More than 75 members attended from all 5 of the region's states – Alaska, Idaho, Montana, Oregon and Washington. Because the region's members



wanted to again have the training at our convention center, our chapter also again had the lead for the conference. This, for me, is yet another example of our chapter's support to NARFE, Region IX and our Washington federation.

Now, with summer upon us and our annual recess from meetings, I encourage members to start thinking about serving as a chapter officer or committee chairman. A

nomination committee will begin work over the summer to find members willing to serve for the next 2 years. Elections for the officer positions will be at the chapter's November 5 meeting with



installation at the December 4 meeting.

Switching gears, our NARFE national office has been extremely busy on everything from ongoing legislative challenges to a branding initiative that will result in a new NARFE logo! Stay tuned. Stay informed.

May you all have a wonderful and safe summer. 2302

WSF President – Nancy Crosby

As President Lorie wrote in her article, page 1, our Region IX Training Conference was May 17-18 at the Three Rivers Convention Center, Kennewick. We had 77 members and 2 guests from the region's 5 states attend – 56 from Washington, including 17 from Tri-Cities Chapter 1192; 2 from Alaska; 11 from Idaho; 3 from Montana; and 5 from Oregon.



Conference agenda highlights included a legislative update from Jessica Klement, NARFE staff VP for

advocacy (right); and, a webinar conversation with James Marshall, director, NARFE Federal Benefits Institute. The agenda also included presentations from Region IX Alzheimer's Chairman Wally Walbruch; and, from Lanny Ross,



Bremerton Chapter 181 PAC chairman, who provided an update for Region IX PAC Chairman Irv Vodovoz as he was not able to attend. Linda Wallers, the Washington State Federation webmaster and Region IX representative to NARFE's Configuration Advisory Board, provided an update on NARFE's new Association Management System, which will be replacing the current OAM – Online Activities Module – in the first phase of implementing an entire new data management system. Yes, a learning curve in the months ahead!

Six "vendors" also joined us at the conference, including for the first time, representatives from Enlivant, a nationwide senior living company. Other vendors were: Aetna; BlueCross/BlueShield; Brookdale Senior Living; GEHA; and, Kaiser Permanente. It is always great to have support from these businesses. <u>6018</u>

Next, a quick update on our state's chapters. I am sorry to say that we have closed Poulsbo Chapter 881 and that Port Orchard Chapter 888 is initiating the closure process. The primary reason for why chapters are closing remains the lack of members willing to serve in leadership positions. So, as President Lorie wrote in her article, please consider serving in an elected or chairman position for Chapter 1192 for 2020-2021. Looking ahead ... the next NARFE federation president's meeting, which will also serve as NARFE's annual meeting, is scheduled for July 7-10 in Scottsdale, Arizona. Washington State Federation Vice President Mary Binder will attend for me as I will be recovering from hip surgery. I know Mary will represent our federation well.

Then, a little further ahead, the next federation board meeting is scheduled for Tuesday, August 13, La Quinta Inn & Suites, Tacoma. As always, ALL members are invited to these meetings.

And then even further ahead, in 2020, we will also be installing new federation officers at the state's biennal conference, which will be May 19-21, Embassy Suites by Hilton Seattle North, Lynnwood, Wash. Many current federation officers, including myself,



are term limited. So, I encourage members to consider running for a position. Questions? Want to know more? Please contact me, or Vice President Mary.

Meanwhile, I am looking forward to continuing to serve you as your federation president for the remainder of 2019 and until the May conference. Have a great summer!

WSF District V VP - Mary Binder

At its May chapter meeting, the Tri-Cities' sister chapter in Yakima presented a distinguished member certificate to long-time member William (Bill) Cartwright. Bill joined NARFE in 1979 while still a federal employee. Now in his 90s, Bill is a WWII Battle of the Bulge POW survivor. He spent 121 days as a POW in Berga on der Elster, a slave labor, sub concentration camp of Buchenwald. Bill shared a few of his life and death experiences. To have the opportunity to hear such first-hand accounts was truly a very thought provoking, inspiring experience.

Webmaster – Larry Williams

Redesigned and revised! Yes, our NARFE Washington State Federation website has been redesigned and revised. Check it out at: ww.narfewa.org.



NARFE WEBINARS

June 13 – Special Category Feds: Retirement Rules and Exceptions

- July II Your Best Retirement Date Revealed
- July 25 Retirement Forms: Tips to Avoid Delays
- August 15 FEGLI Manage Your Options

All webinars are at 2 p.m., Eastern Time. Past webinars are "on demand" at: <u>www.narfe.org</u>.



NARFE-PAC – Bob Stewart

Does anyone really need a reminder that the 2020 election cycle is heating up! Although some of us may want to, or do, tune out the day-to-day congressional back and forths, candidate speeches, news coverage, etc., trust, our NARFE "advocacy" team does not tune these out in the team's daily work on behalf of current and retired federal employees and their earned benefits.

So, even though the actual 2020 elections are still more than a year away, NARFE has already begun support with NARFE-PAC dollars to elected officials who are friends of federal workers. For example, during the first quarter of this 2-year congressional cycle, which ended March 31, Washington's Congressman Derek Kilmer (D-06) received PAC support. He is well known both in his district and in NARFE as an ardent supporter of federal workers. Yes, the need to support NARFE-PAC is ongoing.

Supporting NARFE-PAC not only helps NARFE to

continue to support those elected officials and, down the road, those candidates who support NARFE's legislative agenda to protect our earned



benefits, but also serves as a "foot-in-the-door" for NARFE's legislative staff in their work on Capitol Hill with our elected officials and their staffs.

Staying with supporting NARFE-PAC, have you ever wondered how our chapter, the state's other chapters, and our Region IX are doing overall in contributions? Want to know what other chapters and regions are doing throughout the country? Want to know which elected officials have received NARFE-PAC dollars and how much? Besides highlighting this information in our quarterly chapter newsletter and at our chapter meetings, it is very easy for members to quickly access this information on the NARFE website, <u>www.narfe.org</u>. Log in as a member, then click "Departments" on the home page, then "Advocacy." On the Advocacy homepage, click on "NARFE-PAC." Scroll down to "Quarterly Contribution and Disbursement Reports." There are 3 reports that show contributions by chapters, states and regions. There is an additional report with the disbursements to elected officials and candidates. These reports are normally posted 2-3 weeks after the end of each quarter. So, the next reports, which will cover through June 30, should be posted in mid July. Therefore, you'll be able to get updated information

Contacting our Federal Legislators

The Honorable Dan Newhouse, 4th Congressional Dist. U.S. House of Representatives Phone: 202.225.5816; Fax: 202.225.3251 <u>https://www.newhouse.house.gov</u> 3100 George Washington Way #135, Richland, WA 99354 Phone: 509.713.7374; Fax: 509. 713.7377

The Honorable Patty Murray, U.S. Senate Phone: 202.224.2621; Fax: 202.224.0514 http://www.murray.senate.gov/email/index.cfm 402 East Yakima Ave., Suite 390, Yakima, WA 98901 Phone: 509.453.7462; Fax: 509.453.7731

The Honorable Maria Cantwell, U.S. Senate Phone: 202.224.3411; Fax: 202.228.0514 http://www.cantwell.senate.gov/contact/index.dfm 825 Jadwin Ave., Suites 204/204A, Richland, WA 99352 Phone: 509.946.8106; Fax: 509.946.6937

even over the summer when the chapter does not meet!

Yes, the reports are informative. For the quarter ending March 31, our chapter had contributed

\$539, combining both chapter, individual and monthly sustainer contributions. This put the chapter fourth among the state's chapters but for sustainers, we came in first with 8! Combining all the



state's chapters' contributions, our Washington federation contributed \$6,543. Thanks to all who have contributed.

And, a final reminder! Both elected officials running for reelection and candidates <u>must ask</u> for NARFE-PAC dollars and have demonstrated through their voting record and interactions that they support NARFE's legislative objectives. Candidates running for an office for the first time must complete a NARFE questionnaire regarding their views and support on NARFE issues. The maximum an elected official or candidate can receive is \$10,000.

Legislative Chairman - Mary Binder

Has anyone ever asked you, or have you ever thought – what has NARFE done for us lately? The monthly *narfe* magazine is certainly a great source of information; but, for those of us who attended **LEGcon19** in March in Washington, D.C., and/or the recent Region IX Training Conference, we had the opportunity to hear from Jessica Klement, NARFE's staff VP for advocacy. She provided an "advocacy update" at each conference. Did you know that, "After 8 years of [NARFE] constantly defending your earned benefits, federal retirees haven't lost anything!"

Want to know more? Jessica's presentation, along with others from **LEGcon19**, are on the NARFE website. Log in, click on the **LEGcon19** box in the scrolling banner at the top, then go to, "To view and download **LEGcon19** presentations click here." You'll find Jessica's advocacy update, and all the other presentations, too. <u>1975</u>



Return Service Requested

NARFE

Washington Federation of Chapters Tri-Cities Chapter 1192 2802 W. 40th Ave. Kennewick, WA 99337-2666

AUGUST 6

Washington's Primary Elections Mark your Calendars



Membership Chairman – Johanna Caylor Welcome: Sen Moy

Reinstated and Welcome Back: John Harris III; David Langstaff; Edward Randklev

Transfer: Nathan Caldwell; Robert Quirk **Reminders!**

- NARFE has a newly revised membership renewal form. It went into effect with the February renewal notices. Hopefully, it will reduce and/or eliminate the confusion with the previous edition that resulted in many members nationwide unintentionally moving to national-only membership vs. remaining in their chapters.
- All members! Let me know if your contact information changes! Thank you!!
- Dues Withholding! Retirees, save money! No renewal forms to worry about! Pay only \$44.04 vs. \$50 for annual national/chapter dues. This is \$3.67 in 12 equal payments deducted from your annuity. Questions? Contact me.

Hidden Numbers: March/April/May numbers belonged to: Linda Aplass; Carl Gallion; Berton Kinman. Carl found his and donated the \$5 winnings to NARFE Alzheimer's. Find 3 new numbers – <u>last 4 digits of your NARFE</u> <u>membership number</u>. Find it, call me, 509.308.6664, or email me, <u>annahojx2@gmail.com</u>, and you,



Alzheimer's Research – Larry Williams

Mark your calendars for **Sunday, October 13.** I have registered our chapter as a team in the Kennewick Walk to End Alzheimer's. While all money raised stays



too, can win \$5!

local, this year for the first time, our team-raised funds will count toward NARFE's \$14 million goal by the end of 2020. For more information about the walk, go to: <u>www.alz.org/walk</u>. To get to our team information, click on "Find Your Walk" and enter your ZIP code or state, e.g., 99336 will show you the closest walks. Click "Kennewick," then "Find a Team" and enter "NARFE," and then click "Search." That will take you to the "NARFE Chapter 1192" team page and the "Donate to the Team" and/or "Join Our Team" options.

Questions? Please contact me, and thank you for your support to the NARFE Alzheimer's Research Fund.

Caller Coordinator – Darleen Wall

Help our callers! Prior to the September chapter meeting, our callers will be making their annual calls to area members to verify contact information. When you receive the



call or message, please return the call. This will help us verify information and with meeting reservations. Thank you for helping us to help you stay informed.

Also, if you want to attend a chapter meeting and do not receive a call, or have questions regarding reservations, please call me at 509.586.8232.

Sunshine News - Faye Vlieger

Since the March/April/May newsletter:

Condolences to: member Fay Bowers on the passing of her husband Cloyd; member Jim Jarrett on

the passing of his father Coy.

Other passings: member Evelyn Gibson; Kathy Sonderman-Light, wife of former member Ron Light; member Rudolph Manuel; former member Frances Reese; member Yvonne Wilde; member Joyce



Young (husband/member, Richard, previously passed). **Thinking of You to:** Carl Gallion; Rodney Mayback; Sig Preston.

Know someone needing a little "sunshine" or a special-occasion card? <u>Have extra cards, especially</u> <u>sympathy</u>? Call me or email me: <u>einvlieger@aol.com</u>.